

Institute of Psychology, University of Wrocław, Courses 2022-2023
European Cultures; ERASMUS+

Teacher's name	Subject/Module title	Kind of classes	Number of hours	Course description	ECTS credits
WINTER SEMESTER					
dr Jarosław Klebaniuk	Selected topics of psychology	Lecture with workshop elements	30	The course covers a selection of issues including: 1. Social inequalities and social dominance. 2. Authoritarianism and its consequences. 3. System justification and system delegitimation. 4. Intergroup emotions. 5. Justice sensitivity. 6. Willpower and its facets. Types of challenges. 7. Experimental research on willpower. 8. Lifestyle and habitual support of willpower. 9. Implementation intentions and mental contrasting. 10. Mindfulness based techniques – breathing. 11. Mindfulness based techniques – surfing the urge. 12. Planning and the reversed schedule. 13. Time perspective in achieving goals and fighting temptations. 14. Reacting to a failure. 15. Presenting the outcomes and getting feedback.	6
dr Marcin Czub	Experimental Research in Psychology	Workshop	30	During the course students will be designing and conducting experimental studies. Students will learn how to create psychological experiments using PsychoPy software, how to measure reaction times, perform statistical analysis, and discuss the results. They will acquire both theoretical and practical knowledge related to designing, conducting and writing up results from an empirical study in psychology	6
dr hab. Jerzy Luty	Human behaviour, evolution, and the mind	Lecture with workshop elements	30	1. Toward understanding human behaviour in the light of evolution. 2. Evolutionary psychology and the explanation of human behavior in the context of social behaviors, evolutionary psychology and emotions, developmental psychology, function of language and gossip, function of deception and self-deception, studies on sexuality, 'mating mind' (reproductive) strategies, modular theory of mind and decoupled cognition, murder, rape, religion, morality, art and aesthetics.	6
dr Alina Żurek	Comparative Global Aging	Workshop	30	Aging is a universal experience. Worldwide increases in proportion of older persons underscore the need for students to be prepared not only for their own aging in context, but to understand the experiences and possibilities of people in other countries who are aging. This course offers students in Poland and USA students the opportunity to work collaboratively to explore and critique literature describing the experience of aging, public and private resources for older adults, and the work, social, and economic contexts of aging and being old in the Poland/ Europe and USA within a global framework. This course also engages students in shared assignments that will include comparative analysis of their findings from a fieldwork project in their respective locations. Except in respect to individual assignments, students in Poland and students in the USA also will collaboratively complete course work. This course will be co-taught by senior scholars from Poland/ Europe and the USA. Experts from both – Poland & USA - countries will participate in classes relevant to their expertise as guest lecturers or guest consultants.	6

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mgr Agata Groyecka	Nonverbal communication	Workshop	30	The course covers a selection of issues from the scope of nonverbal communication, including: 1. The roles of gestures, mimicry and posture 2. Cultural differences in nonverbal communication. 3. Evolutionary approach to nonverbal communication (signaling in mate selection). 4. Nonverbal aspects of vocal communication. 5. Personal distance and territory in communication.	6
Total			150	Total	30
SUMMER SEMESTER					
dr Marcin Czub	Experimental Research in Psychology	Workshop	30	During the course students will be designing and conducting experimental studies. Students will learn how to create psychological experiments using PsychoPy software, how to measure reaction times, perform statistical analysis, and discuss the results. They will acquire both theoretical and practical knowledge related to designing, conducting and writing up results from an empirical study in psychology	6
dr hab. Jerzy Luty	Evolutionary Foundations of Art and Aesthetics	Workshop	30	The course covers a selection of issues including discussion on: 1. What is art? Art genres and art definitions. 2. Art causes emotions which are equal to the adaptive mechanisms of human mind, such as the fear of spiders or the ability of depth perception. 3. Art may increase cognitive fluidity, which enables cultural transmission and cumulating achievements and skills . 4. The universality of aesthetic preferences in landscape painting revealed in Komar/Melamid experiment and the adaptive asset of the choice of habitat. 5. The universality of art - recognition criteria and cluster definition of art	6
dr Magdalena Ślęzyk-Sobol	Coaching	Workshop	30	The main idea of the training is to gain competences and skills, which can be required from coach in different types of coaching. The aim is to acquaint students with the basic theories and methodology of coaching (underlining differences between consulting, therapy, training and coaching) and present some coaching methods. Building relationships with clients, listening and supporting the client's self-expression, focusing on the client's agenda, providing clear feedback and motivating to changes will be discussed and trained.	6
dr Katarzyna Durniat	Cross-cultural and interpersonal training	Workshop	30	The main idea of this workshop is to foster the understanding, integration, mutual (interpersonal and cross-cultural) respect and cooperation between people (here: international students) of different national and socio-cultural backgrounds. This course aims to master students' interpersonal and cross-cultural competences, like: self-consciousness and self-esteem, self-presentation, interpersonal and international communication, interpersonal confidence and trust, social and cross-cultural integration. These aims will be achieved through self-reflection and group discussions, cooperation and interpersonal confrontation, behaviours' modelling, as well as giving and receiving psychological feedback – all supervised by an experienced psychologists.	6

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Total			120	Total		24